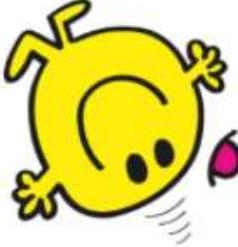


Learning Powers

Emotional Aspects of Learning: Feeling The attribute we need for this aspect of learning is Resilience	<p>Resilience is the attribute</p> <p>I am resilient. I know learning is hard and can feel scary, but I am ready to take risks in my learning and work with determination to achieve my goal. I know I can't do everything yet, but I know I can learn anything I need to if I am willing to do my best all the time.</p>	 <p style="text-align: right;">resilience</p>
<p>To be resilient we need to have these learning powers</p>		
	<p>Managing Distractions</p> <p>I manage any distractions and concentrate on my own learning to finish the tasks/challenges given to me in the time set</p>	  <p style="text-align: right;">managing distractions</p>
	<p>Perseverance</p> <p>I keep going in my learning, even when it feels really hard. I know that feeling frustrated, worried, excited, confused is part of learning and I accept this. I DON'T give up.</p>	 <p style="text-align: right;">perseverance</p>

	<p>Noticing I look carefully at information given to me, or around me and notice patterns and/or details I need to help me complete my learning.</p>	 noticing
	<p>Bouncing Back I know that when I am learning I will make mistakes and fail. I brush myself off, take a deep breath and bounce back to have another go.</p>	 bouncing back
	<p>Practising I know that I need to practise to get better in my learning and remember things.</p>	 practising

<p>Cognitive Aspects of Learning: Thinking The attribute we need for this aspect of learning is Resourcefulness</p>	<p>Resourcefulness is the attribute I can use all my learning powers to help me be independent in my learning and I know what resources to choose and use to help me work things out and succeed.</p>	 <p>resourcefulness</p>
	<p>To be resourceful we need to have these learning powers</p> <p>Curiosity and questioning I am curious and want to find out more. I ask questions to help me discover new things.</p>	 <p>curiosity and questioning</p>
	<p>Risk taking I take risks in my learning and want to tackle new things, so I keep making progress; I don't want to coast along. I work in my 'stretch zone' so I feel challenged in my learning.</p>	 <p>risk taking</p>

	<p>Making links I can make links between what I already know and what I am learning. I am able to look back at what I know and what I have learnt already to help me learn new things. I can see and explain how old and new learning are connected.</p>
	<p>Detecting I can read through and listen to information and make observations to discover facts that help me in my learning and help me explain and justify my understanding, thoughts and ideas.</p>
	<p>Organisation I know what resources to use and when to use them so I can do my learning on my own and show what I know.</p>

<p>Strategic Aspects of Learning: Managing The attribute we need for this aspect of learning is Reflectiveness</p>	<p>Reflectiveness is the attribute</p> <p>I think about what I will need to do, and use, to help me in my learning before I start. These are my steps to success. I make changes along the way and step back, when I realise things aren't working, or if doing something differently would help me succeed.</p>	 <p>reflectiveness</p>
	<p>Planning</p> <p>I decide what I need to do first, second, third and so on before I start a piece of learning. I collect the resources I need and start to think about which parts I may find tricky and how or what I might need to help me.</p>	 <p>planning</p>
	<p>Adaptability</p> <p>I know when things aren't working and am able to change what I am doing or the resources I am using to help me work through a challenge and succeed.</p>	 <p>adaptability</p>
	<p>Metacognition</p> <p>I can talk about HOW I am working through a challenge including talking about the learning powers I am using to help me and how I am feeling in my learning.</p>	 <p>metacognition</p>
	<p>The attribute is relational</p>	

	I know how build and maintain positive relationships, valuing the contributions and thoughts of others and learning from them; understanding that their ideas may be more effective than my own to help us to succeed. I know when to work on my own and when to work with others.
	To be relational we need to have these learning powers
Social Aspects of Learning: Relationships The attribute we need is to be relational-	Co-operation and Independence I can work on my own and know when and how to work well with others.
	  Cooperation and Independence
	Empathy and Listening I listen to others and ask questions to make sure I understand what they are meaning. I can put myself in their shoes and see things as they do even if their ideas and opinions are different from my own. I can agree to disagree and do so with kindness.
	 empathy and listening

