

# The Topsham School

A love of learning and commitment to the success of every child at the heart of all we do



Headteachers: Mrs Amanda Lacey and Miss Maria White  
Orchard Way  
Topsham  
Exeter  
EX3 0DN  
admin@topsham.devon.sch.uk  
01392 874498

8<sup>th</sup> January 2024

Dear Little Acorn Parents and Carers,

Welcome back!

And welcome to many new faces. What a great start to the year we have already had with the children settling straight back into routine.

Some small but very important reminders:

- Please can **snacks, water bottles and lunchboxes be taken out from bags and placed in the relevant boxes** before the day begins. This ensures your child can access these independently as and when they are needed.
- The weather is particularly cold (and wet!) at present. **Please ensure your child has warm and wet weather gear that is named.**
- We kindly ask that a **named pair of wellington boots remain at school**, for the same reason as above. The wet weather is great for puddle jumping.
- Please ensure your child has at least one change of clothes (including underwear) in their bag, even if your child is independent in using the toilet. Sometimes accidents happen, or they get wet during water play.
- **Provide enough healthy snacks for the day.** We endeavour to promote healthy food choices and so for this reason would like to remind parents that snacks should adhere to the guidelines within our school prospective as noted below;

*The school day is very busy and children do get hungry. To ensure that our children are receiving some of their '5 a day' while at school, Nursery, Reception and KS1 children receive a piece of fruit each day for their snack. Children in Little and Big Acorns are encouraged to bring in a second snack (in addition to the fruit snack provided by school). This can be fruit or vegetables and for some children a small sandwich, or healthy carbohydrate-based snack, can help them get through the day. Crisps, biscuits, chocolate bars are NOT considered a healthy option and will not be allowed at snack time.*

- We kindly request that **whole egg snacks (for example a boiled egg) are not sent in as part of the children's snack**. This is to safeguard those children who have severe egg allergies.

Should you have any further questions, please do not hesitate to speak to me.

Mrs K Whitehead

FSU and KS1 Leader